

# *The Boy Who Stepped Through Time*

## Balbus's quotes, with sources

### **Chapter 8 In the Kitchen**

'Ridicule no one. Despise not your inferior. Never pass judgment' (Cato *Wise Sayings*)

### **Chapter 15 The Wax Tablet**

'Guard that which is entrusted to thy care' (Cato *Wise Sayings*)

'An ignorant life is like death' (Cato *Couplets* 3.1)

'Strive after noble deeds' (Cato *Wise Sayings*)

### **Chapter 20 The Journey**

'Travel won't make a better man of you. For this we must spend time in study and the writings of wise men' (Seneca *Moral Letters* 104.15-16)

'No journey can set you beyond the reach of cravings, fits of temper, or fear' (Seneca *Moral Letters* 104.19)

### **Chapter 22 Arelate**

'The little Rome of Gaul' (This phrase is used in Ausonius *The Order of Famous Cities* 10. Although Ausonius' poem was written later in the 4<sup>th</sup> century, we have assumed that this proverbial description of Arles as a great city would have been in use earlier)

### **Chapter 24 Bathhouse**

'A healthy mind in a healthy body' (Juvenal *Satires* 10.356)

### **Chapter 25 School**

'Night hides earth and heaven and ... evil schemes' (Virgil *Aeneid* 2.250)

### **Chapter 31 Saturnalia**

'When fortune smiles, forget not she may frown; when fortune frowns, be not too much cast down' (Cato *Couplets* 4.26)

### **Chapter 35 The Plan Goes Wrong**

'To the man who does not know what port he seeks, no wind is favourable' (Seneca *Moral Letters* 71.3)

### **Chapter 36 The Imperial Mint**

'Fortune favours the brave' (Virgil *Aeneid* 10.284)

### **Chapter 37 Hero**

'A true friend can be seen in times of danger' (Cicero *On Friendship* 17.64)